

SENIOR COHOUSING — MAKING IT HAPPEN —

APRIL 20-24, 2009

BOULDER, COLORADO
Silver Sage Village

Cost: \$1250*

Send \$100 non-refundable deposit
to register; balance due by March 20.



Who should attend: Anyone who's excited about creating senior cohousing and wants to take a leadership role in creating a community. You might be a builder, a developer, an executive of a senior living organization, an individual who works with older adults, a government housing leader, or an individual who wants to organize a new senior cohousing community for yourself. **Participants limited to 20.**

If you want to start a senior cohousing community, you couldn't get a better grounding than to spend five days with three of the country's leading experts exploring the many facets of this innovative option for seniors. Chuck Durrett, Jim Leach and Annie Russell will be bringing you five days of experience, tools, and invaluable coaching focused on you – the participants – and your projects.

This workshop is highly experiential. Mornings will be spent exploring the many issues faced by seniors who are contemplating a significant life change to support them as they age. These topics include aging in community, working with your neighbors to provide a supportive environment, the physical realities of aging, the economics of aging, what seniors have to offer each other and their communities, and the risks and rewards of senior cohousing. This information will arm you with everything you need to recruit seniors to your project.

Afternoons will be spent working on case studies drawn from the participants, examining the many opportunities and issues of developing senior cohousing. The focus of these cases, tailored to the needs of the group, will include finding land, feasibility, the development timeline, roles and responsibilities of a project team and its members, financing, building community, and marketing. The story of Silver Sage through these development steps will be presented.

SENIOR COHOUSING is a form of housing that offers a small-town-like alternative to isolation, institutionalization, and expensive assisted-living facilities. Important, yes, but perhaps even more important is that the residents of senior cohousing seem to have a wonderful time.

Designed with the consensus of its residents, senior cohousing creates community, communication, and support, and a lot more fun than any living arrangement since the college dorms.

By design, it includes both private dwellings and common areas. And by way of intent, it makes life easier through cooperation with others. This is true of inter-generational cohousing as well, but what makes senior cohousing unique is the time spent prior to design – time where the seniors themselves examine the issues related to aging and how the world in which they live will influence successful aging.



For more information, please email: charles.durrett@cohousingco.com
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You'll have a chance to meet and talk with Silver Sage Cohousing residents about their experience after the first year, and on Friday a tour of other cohousing communities in the Boulder area will be provided.

At the end of these five days you can expect to leave with comprehensive written materials, and significant understanding of how to market, sell, and develop a senior cohousing community.

Your trainers: **Chuck Durrett**, an architect, pioneered the first cohousing communities in the United States after studying cohousing communities in Denmark. Fifteen years later he visited Denmark again to study Senior Cohousing and authored the book, *Senior Cohousing: A Contemporary Approach to Independent Living – The Handbook*. Chuck has been a tireless advocate for cohousing for 20 years and has designed all or part of over 50 cohousing communities in the US, many of which have received numerous awards. Chuck, his wife and partner Katie, and daughter Jessie live in Nevada City Cohousing.

Jim Leach has been a developer of innovative housing since 1965 and is president of Wonderland Hill Development Company (www.whdc.com), the largest developer of cohousing in the US. Since 1990 Jim has developed 18 cohousing communities, including Silver Sage, one of the first senior cohousing communities in the US. Jim is known for his commitment and creativity in putting together the business end of each development. Jim and his wife Brownie live in Silver Sage Cohousing.

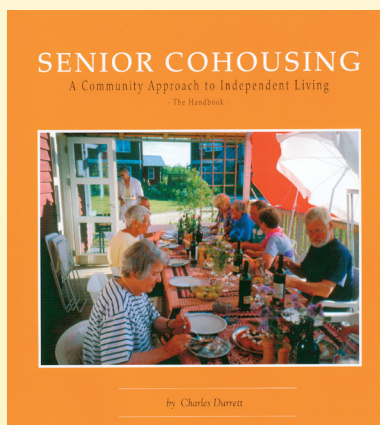
Annie Russell has been a team builder and organization consultant for 15 years. She was a founding member of Wild Sage Cohousing and the Community Builder for Wonderland Hill Development Company and Cohousing Partners. She has coached many communities in community building, and she led the marketing and community building efforts of Silver Sage. Annie lives in Silver Sage Cohousing.

* **Workshop Cost after March 20: \$1450.**



Issues we will explore include:

- Aging in place, in community, successfully
- What are the options?
- The comparative economics of alternate senior living arrangements
- Co-care and assistance in community
- Social issues of growing older
- Self determinism in the elder years
- Philosophical and spiritual questions, such as mortality
- What role does proximity and community play in aging successfully?
- Sageing: What we have to offer the world
- Finding land
- The development timeline
- Roles and responsibilities
- Financing
- Community building
- Marketing Senior Cohousing



“As an architect, I’d like nothing better to do than just design these wonderful communities, but there is much work to be accomplished before drawing the very first line on paper. People need to explore the realities of their future before they are ready to make changes, be less in denial, and become self-determining in terms of maintaining the highest quality of living – both independently and intra-dependently – as they grow older. Planning for the future is an essential component of being able to create appropriate senior environments.” Charles Durrett

Senior Cohousing: A Contemporary Approach to Independent Living – The Handbook.
Ten Speed Press 2005. ISBN 0-945929-30-7.
Order from www.mccamant-durrett.com

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